

Hackney Health & Wellbeing Strategy 2022-2026

Progress update and development of action plan
Presentation for Health in Hackney Scrutiny Board
15 March 2023

Health and Wellbeing Board: Background

[Hackney Health and Wellbeing Board](#) (HWB) works together to improve the health and wellbeing of people in Hackney and reduce health inequalities. The board brings together people from:

- health and care services
- the voluntary and community sector
- Healthwatch
- Hackney Council
- organisations in the borough whose work might influence health and wellbeing such as housing, education, community safety, employment and the built environment.

Health and Wellbeing Strategy: Background

- A health and wellbeing strategy outlines the priority areas and how we would like to work together to improve people's health and reduce health inequalities that exist.
- Strategy for all parts of Health and Wellbeing Board, working in partnership
- Hackney and City working to separate timelines: this discussion is about the Hackney strategy

Process to reach priorities

Analysis

Review of population health needs and mapping of existing strategies and plans

Workshop

Health and Wellbeing Board workshop with the King's Fund in May 2021

Engagement

Resident survey, peer research, stakeholder workshops - captured in an engagement insight report

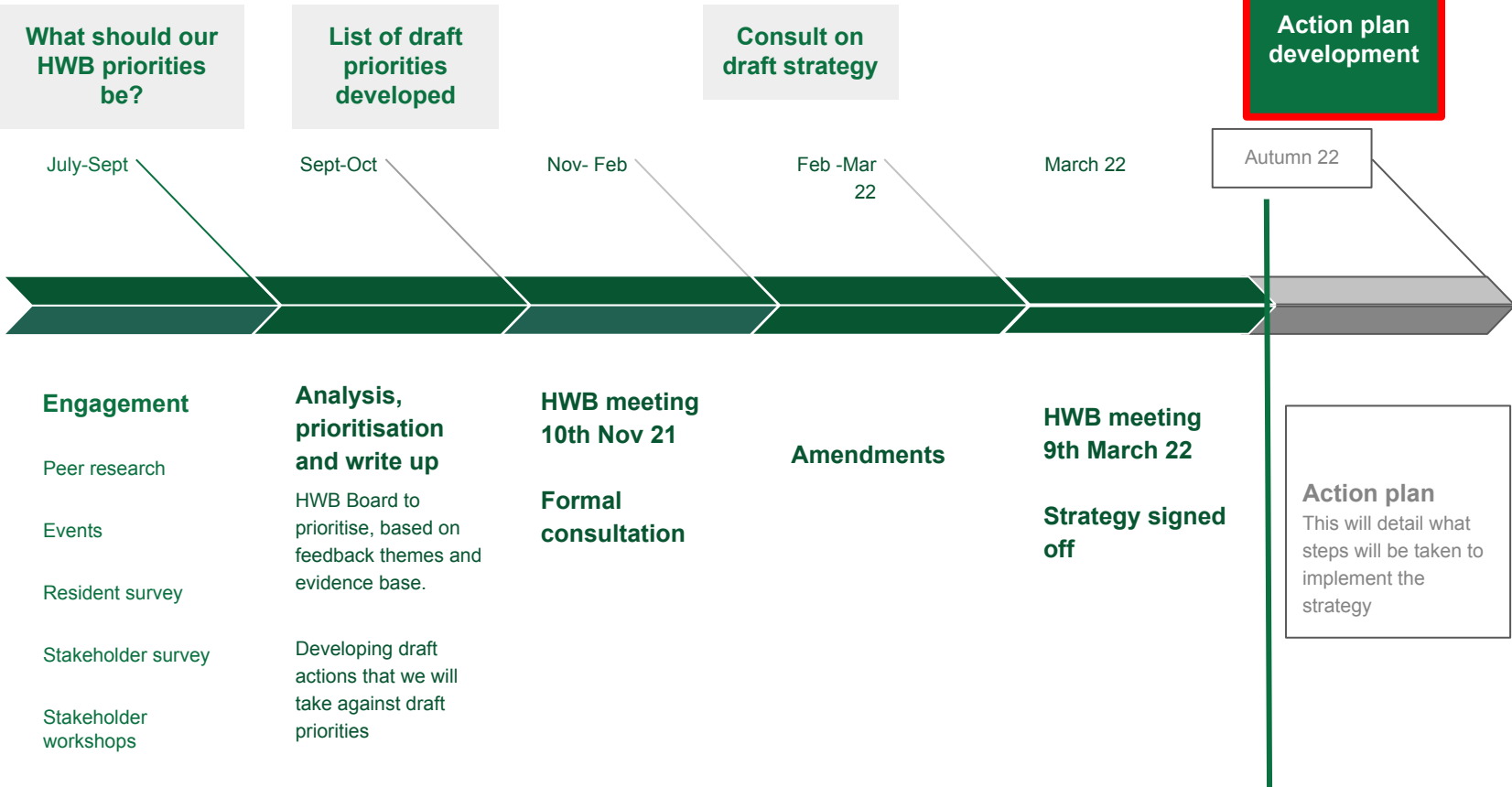
Prioritisation

Prioritisation workshop held in October

Consultation

Consultation on priorities from Nov- Jan 22

Progress to date



Strategy launch

What should our HWB priorities be?

List of draft priorities developed

Consult on draft strategy

Action plan development

Autumn 22

Engagement

- Peer research
- Events
- Resident survey
- Stakeholder survey
- Stakeholder workshops

Analysis, prioritisation and write up

HWB Board to prioritise, based on feedback themes and evidence base.
Developing draft actions that we will take against draft priorities

HWB meeting 10th Nov 21

Formal consultation

Amendments

HWB meeting 9th March 22

Strategy signed off

Action plan

This will detail what steps will be taken to implement the strategy

Hackney's Health and Wellbeing Strategy

A reminder of our priorities

**improving mental
health**

**increasing social
connection**

**supporting greater
financial security**

A reminder of our 'Ways of Working'

This community-centred approach involves:

- Strengthening our communities
- Creating, supporting and working with volunteer and peer roles
- Collaborations and partnerships: including at a neighbourhood level
- Making the best of community resources

Priority 1: improving mental health

What we have heard from
residents and stakeholders

What we have heard is important - mental health

Theme	Meaning
MENTAL HEALTH SERVICES	greater availability, improved services, training for health professionals, community-level access to mental health services.
SOCIAL ACTIVITIES	Including social spaces, green spaces, and physical and social activities.
EDUCATION	Mental health education in schools and more widely.
ENGAGEMENT	Engagement with community groups, local businesses, places of worship, and other local authorities.
PARTNERSHIPS	Suggested partnerships with employers, Hackney Council, and legal and justice services.
COMMUNITY SUPPORT	Fostering community-based mental health support, funding for community organisations and volunteer schemes.
HOUSING	Suggested actions related to housing.
PARENTS & FAMILIES	Suggested actions relating to parents, families and relationships.
COMMUNICATION	More information for residents about services and the strategy to deliver on priorities.

Who should we focus on? Resident and stakeholder views

children & young people

the traveller community

vulnerable groups
(homeless, low income)

women

Healthcare staff

Ethnically diverse groups

carers

Those with a physical disability

Non- english speakers

men

LGBTQIA+ population.

Migrants and refugees

How are we taking this forward?

- Several key strategic documents relating to this area including the NELH&CP integrated care strategy (interim) which includes mental health as one of four system priorities
- Also work underway on the scoping of a Mental Health needs assessment which will form part of the Joint Strategic Needs Assessment
- Proposal to write these findings into a strategic action plan that will:
 - Reflect the explicit focus of the HWB Strategy of improving health and reducing health inequalities
 - Engage with the themes identified from residents and stakeholders
 - Contribute to tackling existing system level priorities.
- Oversight from Mental Health Integration Committee, which meets monthly and consists of stakeholders from across the system, will be tasked with oversight of this strategic action plan.

Priority 2: increasing social connections

What we have heard from
residents and stakeholders

What we have heard is important- social connections

Theme	Meaning
SOCIAL & ACTIVITY ACTIONS	Including social clubs, community & youth centres, physical activities & exercise, green spaces, and play streets.
ENGAGEMENT	Engagement with community groups, faith groups & places of worship, outreach & increased community engagement, digital resources & digital exclusion, and the need for cultural sensitivity.
HEALTH & MENTAL HEALTH SERVICES	Actions relating to wider NHS & GP services, greater availability of mental health services & therapies, collaboration between health centres, NHS practices & local organisations, substance misuse support, and access to home carers.
COMMUNICATION	More advertising and sharing of information.
EDUCATION	Education and outreach on health inequalities, children & young people's education, and wider information about mental health.
PARTNERSHIPS	Suggested partnerships with Hackney Council (and Council based actions), senior health teams, public safety, and government policy-based actions.
HOUSING	Actions related to housing, housing conditions & affordable housing.
EMPLOYMENT	Employability & skills.
FINANCIAL SUPPORT	Debt and financial advice, cost of living and economic inequalities.
FOOD SUPPORT	Access to food & food banks.

Who should we focus on? Resident and stakeholder views

children & young people

the traveller community

Migrants and refugees

Older people

Non english speaking residents

Ethnically diverse groups

Low income groups and those living in areas of higher deprivation

LGBTQIA+ population

Those with physical and learning disabilities

Women

Prison leavers

Those with long term health conditions

How are we taking this forward?

- The Population Health Hub is convening a social connections group which will be co-chaired by Councillor Kennedy and Joia de Sa, Consultant in Public Health. Membership of the Group includes social connection champions from each HWB organisation and representatives from across the place-based partnership (including City of London) as appropriate.
- The group will be focusing on how to take forward the draft social connections action plan which was drafted following a workshop last year with membership from across the system. Themes include:
 - Raising awareness in communities
 - Raising awareness among professionals
 - Creating environments for social connections
 - Monitoring levels of social connection

Priority 3: supporting greater financial security

What we have heard from
residents and stakeholders

What we have heard is important- financial security

Theme	Meaning
EMPLOYMENT	More employment & training opportunities, greater pay, employment support for young people.
FINANCIAL SUPPORT	Including comments related to high cost of living, living wage, greater access to financial support, universal credit, debt support, income disparity & gentrification in Hackney and fuel vouchers.
PARTNERSHIPS	Partnerships & collaboration with organisations, including Hackney Council, the government, community organisations and anchor institutions.
COMMUNICATION & INFORMATION	More communication, accessible advice and information for residents.
HOUSING	Including social sector housing, private sector housing and rent.
FOOD SUPPORT	Access to affordable, healthy food, cooking classes, partnerships with supermarkets.
EDUCATION	Financial security and budgeting education.
SOCIAL ACTIVITY	Opportunities for free or low-cost exercise classes, accessible community spaces and green spaces.
HEALTH SERVICES	Including wider NHS services, GP services, social prescribing and dental care.
ADDICTION SERVICES	Support for addiction and substance misuse treatment & prevention.

Who should we focus on? Resident and stakeholder views

Parents and families (including children and young people)

Those who suffer from addiction

Older People

Low income groups

Children with SEND needs

Ethnically diverse groups

Non English speakers

Traveller community

How are we taking this forward?

- A system wide group has been established, meeting monthly – to ensure we have an aligned, cross-organisation response to the cost of living crisis.
- The Population Health Hub supports the administration of the meeting, and attends as a member to ensure that we are using all the available insight (including that collected as part of the resident peer research) to identify effective interventions to improve the financial security of residents, and reduce inequalities in this.
- The group has collated a programme overview summarising all the action to try to mitigate the impact of the cost of living crisis. This includes training for frontline teams; increasing financial security for households e.g. Household Support Fund, fuel vouchers, income maximisation; supporting VCS organisations.
- The group is also finalising processes to collect insight across partners to ensure that we know about all groups who are at high risk of financial issues.
- Other developments include supporting a place based delivery network including food partners, warm hubs and support community partners to meet people's immediate material needs and offer more preventative help.