

## WORKPLACE

More than **300** opportunities for staff to take part in **low cost exercise classes** over the last year



A 12 week **weight management offer** for **Hackney Council staff**, funded by HR



Removing **500,000** cubes of **sugar** from Council buildings per year



**100 staff health and wellbeing champions** at Hackney Council have invested their time in workplace health



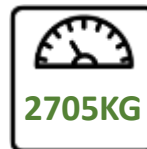
1 of 8 organisations to achieve **excellence** out of 200 applicants



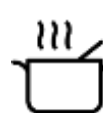
The **Healthy Catering Guidelines** support staff and caterers to make healthier food and drink choices



**One You** sees **800** people taking part in **48000** minutes of exercise every week



Was lost last year by going to the **Healthier Together Hackney** weight management service



**3000** residents have cooked and eaten together in the **Community Kitchens project**



**Affordable recipe kits** designed by and sold to residents

**15,703 hours** of walking were recorded during the Walking Campaign



**69%** of families who participated in the **Rose Voucher programme** are eating more meals together as a family

**3100** school children are taking part in the **Daily Mile**



**900** fewer sugar cubes per vending machine in leisure centres



Working with **16** schools and **5** early years settings to raise awareness and take action to reduce sugar



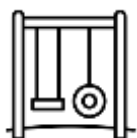
**32** local food business operators are signed up to the **Healthier Catering Commitment**

Conversations with over **200** residents of all ages and other stakeholders about what a **healthy weight** means to individuals and communities

Encouraging **active travel** by making estates easier to **walk and cycle** through, for tenants and residents



Helping to make Hackney a child friendly borough by increasing opportunities for **play**



**Connecting and improving** access to Hackney's **parks and green spaces**



Supporting the way that **Parks, Leisure, Planning, Environmental Health, Transport and Business support sectors** contribute to improving health in Hackney

Restriction of new hot food takeaways opening within a **400** metre radius of **schools** in the proposed Local Plan



Signing the Local Authority Declaration on **Sugar Reduction** and **Healthier Food**



Introducing a **Corporate Sponsorship Policy** to restrict sponsorship by sugar sweetened fizzy drinks companies, especially for events aimed at children



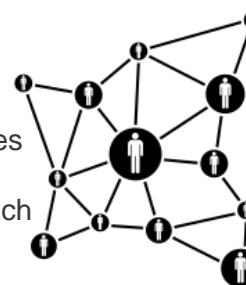
Making the way we buy, serve and promote food **healthier and more sustainable**



## The Obesity Strategic Partnership

So far, the wider group has seen people from approximately **80** organisations come together

- ✓ Innovation
- ✓ Shared ownership
- ✓ Trying new approaches
- ✓ Collective action
- ✓ Whole system approach to addressing obesity
- ✓ Building relationships



Working together for a place where everyone can achieve a healthy weight

Making obesity everybody's business

## PARTNERSHIP

## POLICY